

Sunday	Monday					Thursday	Friday	Saturday	
<div>SAMPLE CALENDAR</div> <div>Towerlight on Wooddale Dimensions Community Activity Calendar</div>							10:00 Grandfriends 10:30 Move with Mary Ann 11:00 Daily Chronicles 1:00 Ebenezer Worship with Chaplain Chris 2:00 Happy Hour Bubbly and Popcorn with movie	1 2	10:00 Music with George 10:45 Daily Chronicles and Reflection 12:15 Move with Mary Ann 12:45 Snack Sips and Smiles 2:30 Movie on Channel 1-1 6:00 1-1 with Caregivers
10:00 Singalong w/ Mary Sue 11:00 Washington National Catholic Worship Service Channel 1-1 12:30 Art with Mary Ann 1:15 Snack, Sips and Smiles 6:00 1-1 with Caregivers	3 10:30 Grandfriends 11:00 Daily Chronicles 1:30 Book Club 2:45 YMCA Exercise 3:00 Catholic Communion 3:15 Sips and Smiles w/ Bossa Nova 3:30 Garden Club	4 10:30 Grandfriends 11:00 Daily Chronicles 1:00 Live 2B Healthy Exercise 2:00 Dimensions Community Choir Rehearsal 3:00 Hightouch Science with Grandfriends	5 10:00 MacPhail Music 10:30 Grandfriends 11:00 Daily Chronicles 1:00 Ebenezer Worship with Pastor George 2:15 YMCA Exercise 3:30 Music Therapy with Hannah	6 10:30 Grandfriends 11:00 Daily Chronicles and Reflection 1:00 Art with Laura 2:30 Walking Club 3:15 Singalong Fun with Susie	7 10:00 Grandfriends 10:30 Move with Mary Ann 11:00 Daily Chronicles 1:00 Ebenezer Worship with Chaplain Chris 2:00 Happy Hour Bubbly and Popcorn with movie	8 10:00 Grandfriends 10:30 Move with Mary Ann 11:00 Daily Chronicles 1:00 Ebenezer Worship with Chaplain Chris 2:00 Happy Hour Bubbly and Popcorn with movie	9 10:00 Music with Mary Sue 10:45 Daily Chronicles and Reflection 12:15 Move with Mary Ann 12:45 Snack Sips and Smiles 2:30 Movie on Channel 1-1 6:00 1-1 with Caregivers		
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