

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div></div><div>SAMPLE CALENDAR</div><div>Towerlight on Wooddale IL/AL Activity Calendar</div></div>						
11:00 Washington National Cathedral Service Channel 1-1 1:00 Eben Worship Channel 1-1 "Pentecost 9" 2:30 Movie "Phantom of the Opera" on Channel 1-1	9:30 Live 2B Healthy Exercise Program (FC) 10:30 Baking Chocolate Chip Cookies (3rd Floor Kitchen) 1:00 Bridge and Scrabble 1:30 MacPhail's Unwrapping Music "Irving Berlin" (TH) 2:30 Catholic Communion (REF)	9:45 Coffee Klatch 10:00 Shopping at Cub, Aldi and other Knollwood Mall locations Signup at front desk 10:45 YMCA Exercise (FC) 1:00 Wellness Clinic (FC)	9:30 Live 2B Healthy Exercise Program (FC) 11:00 Interdenominational Service w/ Pastor George (REF) 1:00 Poker (LIB) 2:30 Bible Study (REF) 3:00 BINGO	9:45 Readathon with Childcare 10:00 Meeting of the Minds (AR) 10:45 YMCA Exercise (FC) 1:00 Bridge and Scrabble 1:00 Rummy (LIB) 2:00 Chair Ballet (FC) 3:00 Music Performance by Lori Ronchak	9:30 Exercise Program (FC) 10:00 Catholic Service (REF) 10:00 Blunest Connect Signup at front desk 1:00 Mahjong 4:00-5:00 Social Hour with treats from Culinary 6:30 Movie "The Quartet" Channel 1-1	10:45 YMCA Exercise (FC) 11:00 Jazz Jam in Theater 2:30 Movie "Phantom of the Opera" on Channel 1-1
11:00 Washington National Cathedral Service Channel 1-1 1:00 Eben Worship Channel 1-1 "Pentecost 9" 2:30 Movie "Phantom of the Opera" on Channel 1-1	9:30 Live 2B Healthy Exercise Program (FC) 10:30 Baking Chocolate Chip Cookies (3rd Floor Kitchen) 1:00 Bridge and Scrabble 1:30 MacPhail's Unwrapping Music "Irving Berlin" (TH) 2:30 Catholic Communion (REF)	9:45 Coffee Klatch 10:00 Shopping at Cub, Aldi and other Knollwood Mall locations Signup at front desk 10:45 YMCA Exercise (FC) 1:00 Wellness Clinic (FC)	9:30 Live 2B Healthy Exercise Program (FC) 11:00 Interdenominational Service w/ Pastor George (REF) 1:00 Poker (LIB) 2:30 Bible Study (REF) 3:00 BINGO	9:45 Readathon with Childcare 10:00 Meeting of the Minds (AR) 10:45 YMCA Exercise (FC) 1:00 Bridge and Scrabble 1:00 Rummy (LIB) 2:00 Chair Ballet (FC) 3:00 Music Performance by Lori Ronchak	9:30 Live 2B Healthy Exercise Program (FC) 10:30 Gametime! - Jeopardy (TH) 1:00 Mahjong 1:00 Poker (LIB) 4:00-5:00 Social Hour 6:30 Movie Channel 1-1	10:45 YMCA Exercise (FC) 11:00 Jazz Jam in Theater 1:00 BINGO 2:30 Movie on Channel 1-1
11:00 Washington National Cathedral Service Channel 1-1 1:00 Eben Worship Channel 1-1 "Pentecost 10" 2:30 Movie on Channel 1-1	9:30 Live 2B Healthy Exercise Program (FC) 1:00 Bridge and Scrabble 2:30 Catholic Communion (REF) 3:00 Gametime! - 500 Card game	9:45 Coffee Klatch 10:00 Shopping at Trader Joes, Half Price Books, and other Miracle Mile locations Signup at front desk 10:45 YMCA Exercise (FC) 1:00 Resident Council 2:00 Rock-a-bye with babies Signup at front desk	9:30 Live 2B Healthy Exercise Program (FC) 10:30 Let's Bake! Popovers (3rd Floor Kitchen) 1:00 Poker (LIB) 2:00 Celebration of Life 3:00 BINGO with Childcare	10:00 Meeting of the Minds (AR) 10:45 YMCA Exercise (FC) 1:00 Bridge and Scrabble 1:00 Rummy (LIB) 3:00 Music Performance by the Berry Boys	9:30 Live 2B Healthy Exercise Program (FC) 1:00 Mahjong 1:00 Poker (LIB) 4:00-5:00 Social Hour with treats from Culinary 6:30 Movie Channel 1-1	10:45 YMCA Exercise (FC) 11:00 Jazz Jam in Theater 1:00 BINGO 2:30 Movie on Channel 1-1
11:00 Washington National Cathedral Service Channel 1-1 1:00 Eben Worship Channel 1-1 "Pentecost 11" 2:30 Movie on Channel 1-1	9:30 Live 2B Healthy Exercise Program (FC) 1:00 Bridge and Scrabble 2:00 Beer Tasting Event 2:30 Catholic Communion (REF)	9:45 Coffee Klatch with Caribou Orders 10:00 Shopping at Dollar Tree and other downtown Hopkin locations Signup at front desk 10:45 YMCA Exercise (FC) 12:00 New Resident Lunch (DR) 1:00 Rabbi Lynn Visits 1:00 Chef Chat	9:30 Live 2B Healthy Exercise Program (FC) 1:00 Poker (LIB) 4:30 Elegant Dinner (DR)	10:00 Meeting of the Minds (AR) 10:45 YMCA Exercise (FC) 1:00 Bridge and Scrabble 1:00 Rummy (LIB) 2:00 Chair Ballet (FC) 3:00 Birthday Bash with Mary Hall	9:30 Live 2B Healthy Exercise Program (FC) 12:00 Grab and Go 1:00 Mahjong 4:00-5:00 Social Hour 6:30 Movie Channel 1-1	10:45 YMCA Exercise (FC) 11:00 Jazz Jam in Theater 1:00 BINGO 2:30 Movie on Channel 1-1
11:00 Washington National Cathedral Service Channel 1-1 1:00 Eben Worship Channel 1-1 "Pentecost 12" 2:30 Movie on Channel 1-1	9:30 Live 2B Healthy Exercise Program (FC) 1:00 Bridge and Scrabble 2:30 Catholic Communion (REF) 3:00 Gametime! - 500 Card game	9:45 Coffee Klatch 10:45 YMCA Exercise (FC) 1:00 Movie in Theater 3:00 Book Club - Anne of Green Gables (REF)	9:00 Let's Go Fishing outing Signup at front desk 9:30 Live 2B Healthy Exercise Program (FC) 11:00 Hymnsing with George (REF) 1:00 Sing for Life with Paula Lammers 3:00 BINGO	9:00 Outing to Minnesota State Fair Signup at front desk 10:00 Meeting of the Minds (AR) 10:45 YMCA Exercise (FC) 1:00 Bridge and Scrabble 1:00 Rummy (LIB) 3:00 Music Performance with the Singing Cowgirl	8:00-9:00 Pancake Breakfast with Childcare (DR) Signup at frontdesk 9:30 Exercise Program (FC) 10:-00 Shopping at Target, Byerly's Signup at front desk 1:00 Mahjong 1:00 Poker (LIB) 4:00-5:00 Social Hour with Treats 6:30 Movie Channel 1-1	10:45 YMCA Exercise (FC) 11:00 Jazz Jam in Theater 1:00 BINGO 2:30 Movie on Channel 1-1
11:00 Washington National Cathedral Service Channel 1-1 1:00 Eben Worship Channel 1-1 "Pentecost 13" 2:30 Movie on Channel 1-1	<div><div></div><div>Key</div><div>All programs in Club Room 1st Floor, unless otherwise noted REF - Re ection Room 3rd Floor TH - Theater - Garage Floor AR - Art Room on 5th Floor DR - Dining Room FC - Fitness Center LIB - Library on 4th Floor</div></div>					